



Week Commencing 30/10/17

DAILY CHEF SPECIALS!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza Served with Wholemeal Pasta Salad	Homemade Chicken Hot Pot Served with New Potatoes	Homemade Vegetable and Feta Pasta Served with Crusty Bread	Brekkie – Local Sausage Served with Beans, Wholemeal Toast and Scrambled Egg	Fish Fingers Served with Homemade Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Tomato Pasta Bake	Broccoli and Cheese Bake	Twice Baked Jackets	Cheese and Onion Quiche	Salmon Fish Pie
Homemade Soup	Chef's Choice	Roasted Veg	Chefs Choice	Tomato and Lentil	Chef's Choice
Starchy Food Various Bread Choices Available	Pizza and Pasta	New Potato	Pasta	Wholemeal Toast	Chips
Vegetables Salad Bar with Hummous	Lettuce Cucumber	Carrots, Peas	Beetroot, Coleslaw	Baked Beans	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Apple Flapjacks Fresh Fruit	Fresh Fruit Salad Yoghurt Selection	Homemade Cherry Cheesecake Fresh Fruit	Syrup Sponge and Custard Fresh Fruit	Cheese and Crackers Fresh Fruit

All our meat is farm assured from local suppliers, we use free range eggs, organic milk, pasta and flour. All of our fruit and vegetables are locally sourced where possible.

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Tomato Wholemeal Pasta Bake Served with Crusty Bread and Salad	Homemade Chicken Roast Dinner Served with Roast Potatoes and Vegetables	Homemade Vegetable Curry Served with Green Beans and Wholegrain Rice	Homemade Sausage Casserole – With Fresh Vegetables and Diced Potato	Fish Fingers or Battered Fish Served with Homemade Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Aubergine Gratin	Wholemeal Macaroni Cheese	Twice Baked Jackets	Homemade Cheese and Broccoli Quiche	Meat Free Rolls
Homemade Soup	Chef's Choice	Carrot & Coriander	Chef's Choice	Tomato and Lentil	Chef's Choice
Starchy Food Various Bread Choices Available	Pasta	Potato	Rice	Potato	Chips
Vegetables Salad Bar with Hummous	Tomato, Corn	Broccoli, Carrots	Green Beans	Carrot and Swede	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Rice Pudding with Jam Fresh Fruit	Fresh Fruit Salad Yoghurt Selection	'Chocolate' Fudge Cake Fresh Fruit	Iced Flapjacks Fresh Fruit	Cheese and Crackers Fresh Fruit

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Week Commencing 13/11/17

DAILY CHEF SPECIALS!

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Spaghetti Stir Fry Served with Baked Spring Rolls	Homemade Local Chicken Pie Served with New Potatoes and Seasonal Veg	Quorn Mince Cottage Pie Served with Marrowfat Peas and Carrots	Caribbean Curry Beef Served with Rice and Peas	Homemade Battered Fish – Served with Homemade Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Tuna Pasta Salad with Sweet Peppers	Cheese and Tomato Toastie	Twice Baked Jackets	Homemade Cheese Quiche	Salmon Fish Pie
Homemade Soup	Chef's Choice	Curried Cauliflower	Chef's Choice	Pea and Mint	Chef's Choice
Starchy Food Various Bread Choices Available	Spaghetti	New Potato	Mash	Rice	Chips
Vegetables Salad Bar with Hummous	Peppers, Onions	Seasonal Veg	Peas and Carrots	Kidney Beans	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Cherry Bakewell Flapjacks Fresh Fruit	Fresh Fruit Salad Yoghurt Selection	Fresh Fruit Yoghurt Crunch Pots Fresh Fruit	Homemade Coconut and Pineapple Sponge Fresh Fruit	Fresh Fruit Jelly Served with Ice Cream Fresh Fruit

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Week Commencing 20/11/17

DAILY CHEF SPECIALS!

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Cheese and Onion Plate Pie Served Onion Gravy with Green Beans	Homemade Chicken Curry Served with Wholegrain Rice and Mango Chutney	Homemade Quorn Mince Cottage Pie Served with Peas and Corn	Sliced Local Ham, Cauliflower Cheese and New Potatoes and Gravy	Homemade Chicken Goujons Served with Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Veggy Sausage Ciabattas	Broccoli and Cheese Pasta Bake	Twice Baked Jackets	Homemade Cheese and Chive Quiche	Salmon and Spinach Pasta
Homemade Soup	Chef's Choice	Roast Squash	Chef's Choice	Tomato and Lentil	Chef's Choice
Starchy Food Various Bread Choices Available	Potato	Wholegrain Rice	Mash	New Potato	Chips
Vegetables Salad Bar with Hummous	Green Beans	Peppers, Onions	Peas and Corn	Cauliflower	Baked Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Shortbread Biscuits Fresh Fruit	Fresh Fruit Salad Yoghurt Selection	Fresh Fruit Pavlova Fresh Fruit	Cookies Fresh Fruit	Cheese and Crackers Fresh Fruit

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Week Commencing 27/11/17

DAILY CHEF SPECIALS!

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Cheesy Beans Pasta Bake Served with Crusty Bread and Salad	Local Sausage Served with Creamy Mash and Onion Gravy	Homemade Macaroni Cheese with Peas Served with Homemade Focaccia	Homemade Steak and Onion Pie Served with Seasonal Vegetables and New Potatoes	Homemade Battered Fish or Fish Fingers Served with Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Vegetable Egg Wholegrain Rice	Homemade Falafel Pitas	Twice Baked Jackets	Homemade Cheese and Tomato Quiche	Homemade Salmon Fish Pie
Homemade Soup	Chef's Choice	Leek and Potato	Chef's Choice	Tomato and Lentil	Chef's Choice
Starchy Food Various Bread Choices Available	Pasta	Mashed Potato	Pasta	New Potato	Chips
Vegetables Salad Bar with Hummous	Lettuce, Cucumber	Peas and Carrots	Cucumber, Red Onion	Broccoli and Cauli	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Iced Apple Flapjacks Fresh Fruit	Fresh Fruit Salad Yoghurt Selection	Marble Cake Fresh Fruit	'Chads' Cake Fresh Fruit	Cheese and Crackers Fresh Fruit

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Week Commencing 04/12/17

DAILY CHEF SPECIALS!

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Lasagne – Served with Coleslaw and Fresh Salad	Homemade Savoury Mince in Gravy with Mashed Potato and Sweetcorn	Homemade Vegetable Noodle Stir Fry Served with Prawn Crackers	Homemade Chicken Korma Served with Basmati Rice	Fish Fingers Served with Homemade Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Homemade Pesto Pasta	Vegetable and Cheese Quesadillas	Twice Baked Jackets	Cheese and Broccoli Quiche	Veggy Rolls
Homemade Soup	Chef's Choice	Broccoli and Cheese	Chef's Choice	Tomato and Lentil	Chef's Choice
Starchy Food Various Bread Choices Available	Pasta	Mashed Potato	Noodles	Basmati Rice	Chips
Vegetables Salad Bar with Hummous	Coleslaw, Cucumber	Sweetcorn	Peppers, Mushrooms	Chickpeas, Onion	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Cherry Flapjack Fresh Fruit	Fresh Fruit Salad Yoghurt Selection	Fresh Fruit Trifle Fresh Fruit	Homemade Carrot Cake Fresh Fruit	Cheese and Crackers Fresh Fruit

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Week Commencing 11/12/17

DAILY CHEF SPECIALS!

Week 7	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Cheese a Tomato Pizza Serve with Pasta and Rice Salad	Christmas Dinner – Local Turkey, Roast Potato, Pigs in Blankets and Veg	Homemade Quorn Wholemeal Spaghetti Bolognese	Traditional Liverpool Scouse, Served with Crusty Bread and Pickles	Homemade Battered Fish or Fish Finger Served with Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Tuna Pasta Salad with Sweet Peppers	Quorn Roast	Twice Baked Jackets	Homemade Cheese and Chive Quiche	Salmon Fish Pie
Homemade Soup	Chef's Choice	Spiced Parsnip	Chef's Choice	Tomato and Lentil	Chef's Choice
Starchy Food Various Bread Choices Available	Pizza Dough	Roasties	Spaghetti	Potato	Chips
Vegetables Salad Bar with Hummous	Peppers, Cucumber	Sprouts	Pickled Onion, Corn	Carrot and Turnip	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Apple Flapjacks Fresh Fruit	Christmas Tree Choc Ices Xmas Pudding Ice Cream Pots	Fresh Fruit Salad Fresh Fruit	Bakewell Tart Fresh Fruit	Cheese and Crackers Fresh Fruit

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Week 8	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Tomato Wholemeal Pasta Bake Served with Garlic Bread	Roast Chicken Dinner Served with Roast Potatoes, Vegetables and Gravy	Chef's Choice	End of Term Party	
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Homemade Vegetable Paella	Homemade Quiche	Chef's Choice	End of Term Party	
Homemade Soup	Chef's Choice	Chef's Choice	Chef's Choice		
Starchy Food Various Bread Choices Available	Wholemeal Pasta	Potato	Chef's Choice	"	
Vegetables Salad Bar with Hummous	Watercress, Celery	Peas and Carrots	Chef's Choice	"	
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Chef's Choice	Chef's Choice	Chef's Choice	"	

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