



Week Commencing 08/01/18

# DAILY CHEF SPECIALS!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza with A Selection of Fresh Pasta and Rice Salads	Homemade Chicken Pie – Served with Mashed Potato and Green Beans	Homemade Tomato and Basil Wholemeal Pasta Served with Crusty Bread an	Homemade Local Beef Chilli Con Carne Served with Wholegrain Rice	Fish Fingers Served with Homemade Chips and Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Cheesy Beans Pasta Bake	Cheese and Onion Quiche	Twice Baked Jackets	Vegetable and Feta Pasta	Homemade Salmon Fish Pie
<b>Homemade Soup</b>	Chef's Choice	Tomato and Lentil	Chefs Choice	Pea and Mint	Chef's Choice
<b>Starchy Food</b> Various Bread Choices Available	Pizza and Pasta	Mash	Pasta	Rice	Chips
<b>Vegetables</b> Salad Bar with Hummous	Fresh Salad	Green Beans	Tomato Cucumber	Kidney Beans	Mushy Peas
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Marble Cake  Fresh Fruit	Fresh Fruit Salad  Yoghurt Selection	Homemade Iced Flapjack  Fresh Fruit	Homemade Apple and Oat Crumble	Cheese and Cracker  Fresh Fruit

All our meat is farm assured from local suppliers, we use free range eggs, organic milk, pasta and flour. All of our fruit and vegetables are locally sourced where possible.

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Week Commencing 15/01/18

## DAILY CHEF SPECIALS!

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Quorn Mince Cottage Pie Served with Seasonal Vegetables	Homemade Traditional Liverpool Scouse Served with Pickles and Crusty Bread	Homemade Wholemeal Macaroni Cheese with Peas – Served with Garlic Bread	Homemade Chicken Curry Served with Wholegrain Rice and Green Beans	Local Beef Burger or Veggie Burger Served with Homemade Chips and Coleslaw
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Cheese and Leek Quiche	Cheese and Tomato Toasties	Pesto Pasta	Twice Baked Jacket Potatoes	Meat Free Rolls
<b>Homemade Soup</b>	<b>Chef's Choice</b>	<b>Tomato and Lentil</b>	<b>Chef's Choice</b>	<b>Chef's Choice</b>	<b>Chef's Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Mash	Potato	Pasta	Rice	Chips
<b>Vegetables</b> Salad Bar with Hummous	<b>Cauliflower and Peas</b>	<b>Carrot and Swede</b>	<b>Tomato and Onion</b>	<b>Green Beans</b>	<b>Baked Beans</b>
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Carrot Cake  Fresh Fruit	Homemade Cookies  Fresh Fruit	Homemade Apple Flapjacks  Fresh Fruit	Fresh Fruit Salad  Yoghurt Selection	Cheese and Cracker  Fresh Fruit

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Week Commencing 22/01/18

## DAILY CHEF SPECIALS!

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Curry with Wholegrain Rice, Mango Chutney and Poppadoms	Local Sausage Served with Lyonnaise Potatoes Gravy and Roasted Vegetables	Veggie Toad in the Hole Served with Marrowfat Peas and Carrots	Homemade Local Beef Spaghetti Bolognese Served with Crusty Wholemeal Bread	Fish Fingers or Battered Fish Served with Homemade Chips and Baked Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Vegetable and Rice Enchiladas	Cheese and Chive Quiche	Cauliflower Cheese with Breadcrumbs	Homemade Aubergine Gratin	Meat Free Rolls
<b>Homemade Soup</b>	<b>Chef's Choice</b>	<b>Tomato and Lentil</b>	<b>Chef's Choice</b>	<b>Leek and Potato</b>	<b>Chef's Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Wholegrain Rice	Lyonnaise Potatoes	Yorkshire Pudding	Spaghetti	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	<b>Lettuce, Peppers</b>	<b>Roasted Vegetables</b>	<b>Peas, Carrots</b>	<b>Cucumber, Tomato</b>	<b>Baked Beans</b>
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Sticky Toffee Pudding with Butterscotch  Fresh Fruit	Fresh Fruit Salad  Yoghurt Selection	Homemade 'Chocolate' Fudge Cake  Fresh Fruit	Homemade Fresh Fruit Pavlova  Fresh Fruit	Yoghurt Selection  Cheese and Crackers  Fresh Fruit

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Week Commencing 29/01/18

## DAILY CHEF SPECIALS!

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Macaroni Cheese with Peas Served with Focaccia and Garden Salad	Roast Chicken Dinner Served with Roast Potatoes, Seasonal Vegetables and Gravy	Homemade Pesto Pasta Served with Crusty Bread	Caribbean Curry Beef Served with Rice and Peas	Fish Fingers or Veggie Fingers Served with Homemade Chips and Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Vegetable and Cheese Enchiladas	Cheese and Leek Quiche	Twice Baked Jackets	Tuna Pasta Salad with Peppers and Cucumber	Meat Free Rolls
<b>Homemade Soup</b>	Chef's Choice	Tomato and Lentil	Chef's Choice	Carrot and Coriander	Chef's Choice
<b>Starchy Food</b> Various Bread Choices Available	Pasta	Roasties	Pasta	Rice	Chips
<b>Vegetables</b> Salad Bar with Hummous	Lettuce, Tomato	Carrot and Swede	Peppers, Onions	Salad, Kidney Beans	Mushy Peas
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Rice Pudding with Jam  Fresh Friut	Chocolate Cake and Custard  Fresh Fruit	Fresh Fruit Salad  Yoghurt Selection	Homemade Ginger Biscuits  Fresh Fruit	Cheese and Crackers  Fresh Fruit

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Week Commencing 05/02/18

## DAILY CHEF SPECIALS!

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Wholemeal Pizza Served with Potato Wedges and Fresh Salad	Big Brekkie – Local Sausage, Wholemeal Toast, Scrambled Egg and Baked Beans	Broccoli and Cheese Wholemeal Pasta Bake Served with Homemade Focaccia	Homemade Steak and Vegetable Shortcrust Pastry Pie Served with New Potatoes and Cauliflower	Fish Fingers or Fishcake Served with Homemade Chips and Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Dhal- Curried Lentils with Potato and Peas	Homemade Cheese and Spring Onion Quiche	Stir Fry Veg with Spaghetti	Vegetable and Lentil Stew	Homemade Salmon Fish Pie
<b>Homemade Soup</b>					
<b>Starchy Food</b> Various Bread Choices Available	Wholemeal Pizza Dough	Wholemeal Toast	Wholemeal Pasta	New Potatoes	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	Pickles, Peppers	Baked Beans	Beetroot, Cucumber	Cauliflower	Mushy Peas
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Cherry Bakewell Tart  Fresh Fruit	Fresh Fruit Salad  Yoghurt Selection	Homemade Apple and Oat Crumble with Ice Cream  Fresh Fruit	Fresh Fruit Trifle  Fresh Fruit	Yoghurt Selection  Fresh Fruit

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Week Commencing 12/02/18

# DAILY CHEF SPECIALS!

Week 6	Monday	Tuesday	Wednesday ST VALENTINES DAY	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Broccoli and Cheese Wholemeal Pasta Bake Served with Garlic Bread and Salad	Roast Local Pork Dinner Served with Roast Potato, Seasonal Veg and Gravy	'Lady and The Tramp' Spaghetti and Meatballs	Spanish Chicken with Yellow Wholegrain Rice	Battered Fish and Homemade Chips Served with Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Tomato Quiche	Cheese and Tomato Toasties	French Bread Pizza	Vegetable and Cheese Quesadillas	Salmon Fish Pie
<b>Homemade Soup</b>	Tomato and Lentil	Chef's Choice	Sweet Potato	Chef's Choice	Chef's Choice
<b>Starchy Food Various Bread Choices Available</b>	Spaghetti	Roast Potato	Spaghetti	Rice	Chips
<b>Vegetables Salad Bar with Hummous</b>	Cucumber, Tomato	Carrot, Swede	Pickles, Coleslaw	Peppers, Onions	Mushy Peas
<b>Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time</b>	Fresh Fruit Salad Cheese and Crackers	Homemade Vanilla Cheesecake	Iced Shortbread Hearts  Fresh Fruit	Chad's Cake  Fresh Fruit	Yoghurt Selection  Fresh Fruit

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