



Week Commencing 19/02/17

DAILY CHEF SPECIALS!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Wholegrain Pizza Topped with Cheese, Garlic and Oregano	Traditional Liverpool Scouse served with Crusty Bread and Pickles	Tomato Pasta – Wholemeal Pasta in a Tomato and Garlic Sauce Served with Salad	Local Roast Beef and Yorkshire Pudding Served with Roast Potatoes and Vegetables	Fish Fingers or Fishcake Served with Homemade Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Homemade Tomato and Cheese Quiche	Wholemeal Cheese Toasties	‘Twice Baked’ Jacket Potatoes	Macaroni Cheese with Peas	Veggie Burgers
Homemade Soup	Chef’s Choice	Tomato and Lentil	Chef’s Choice	Pea and Mint	Chef’s Choice
Starchy Food Various Bread Choices Available	Wholegrain Dough	Potato	Pasta	Roast Potato	Homemade Chips
Vegetables Salad Bar with Hummous	Tomato, Cucumber	Carrot and Swede	Onions, Peppers	Broccoli Cauliflower	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Victoria Sponge Cake Fresh Fruit	Apple Flapjacks Fresh Fruit	Homemade Fruit Salad Yoghurt Selection	Homemade Fruit Scones Fresh Fruit	Cheese and Crackers Yoghurts

All our meat is farm assured from local suppliers, we use free range eggs, organic milk, pasta and flour. All of our fruit and vegetables are locally sourced where possible.

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Week Commencing 26/02/18

DAILY CHEF SPECIALS!

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable and Feta Wholegrain Pasta Served with Garlic Bread	Homemade Chicken Curry, Wholegrain Rice, Green Beans and Mango Chutney	Homemade Vegetable Lasagne Served with Fresh Salad	Sausage and Mash – Local Sausages with Mashed Potato, Peas and Onion Gravy	Homemade Battered Fish Served with Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Broccoli and Cream Cheese Bake	Homemade Mushroom Quiche	‘Twice Baked’ Jackets	Homemade Vegetable and Lentil Stew	Salmon Fish Pie
Homemade Soup	Chef’s Choice	Tomato and Lentil	Chef’s Choice	Chef’s Choice	Chef’s Choice
Starchy Food Various Bread Choices Available	Wholegrain Pasta	Wholegrain Rice	Lasagne	Mash	Chips
Vegetables Salad Bar with Hummous	Lettuce, Cucumber	Green Beans	Tomato, Sweet Corn	Garden Peas	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Rice Pudding Served with Strawberry Jam	Sticky Toffee Pudding with Butterscotch Sauce Fresh Fruit	Fresh Fruit Salad Yoghurt Selection	Homemade Cherry Cheesecake Fresh Fruit	Yoghurt Selection Cheese and Crackers Fresh Fruit

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Week Commencing 05/03/18

DAILY CHEF SPECIALS!

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Quorn Mince and Mashed Potato Served with Seasonal Vegetables	Local Chicken Pie Served with Minted New Potatoes and Broccoli	Pesto Pasta Served with Crusty Bread and Salad Bar Choices	Caribbean Curry Beef Served with Rice and Peas	Fish Finger or Fish Cake Served with Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Tuna Pasta with Peppers and Corn	'Twice Baked' Jackets	Cheese and Broccoli Quiche	Vegetable and Cheese Quesadillas	Meat Free Rolls
Homemade Soup	Chef's Choice	Carrot and Orange	Chef's Choice	Sweet Potato	Chef Choice
Starchy Food Various Bread Choices Available	Potato	Potato	Pasta	Rice	Chips
Vegetables Salad Bar with Hummous	Seasonal Veg	Broccoli	Beetroot, Tomato	Kidney Beans	Baked Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	'Chocolate' Fudge Cake Fresh Fruit	Homemade Fresh Fruit Pavlova Yoghurt Selection	Homemade Iced Shortbread Biscuits Fresh Fruit	Homemade Scones with Jam and Fresh Whipped Cream Fresh Fruit	Cheese and Crackers Yoghurts

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Week Commencing 12/03/18

DAILY CHEF SPECIALS!

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Wholemeal Tomato Pasta Bake with Salad and Crusty Bread	Big Brekkie – Sausage, Scrambled Egg, Wholemeal Toast and Tomato or Mushroom	Homemade Wholemeal Pizza Served with Fresh Salad and Coleslaw	Spaghetti Bolognese Served with Homemade Focaccia Bread	Homemade Battered Fish or Fishcake Served with Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Homemade Leek and Potato Quiche	Cheese and Tomato Toasties	Vegetable Paella	Cauliflower Cheese with Breadcrumbs	Salmon Fish Pie
Homemade Soup	Chef's Choice	Tomato and Lentil	Chef's Choice	Leek and Potato	Chef's Choice
Starchy Food Various Bread Choices Available	Pasta	Wholemeal Toast	Pizza Dough	Pasta	Chips
Vegetables Salad Bar with Hummous	Onion, Tomato	Tomato Mushroom	Coleslaw and Salad	Lettuce, Pickles	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Fresh Fruit Salad Yoghurt Selection	Chads Cake Fresh Fruit	Fresh Fruit Jelly and Ice Cream Fresh Fruit	Homemade Pineapple and Coconut Sponge with Custard Fresh Fruit	Cheese and Crackers Fresh Fruit Yoghurt Selection

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Week Commencing 19/03/18

DAILY CHEF SPECIALS!

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable and Rice Enchiladas Served with Fresh Salad and Coleslaw	Homemade Traditional Liverpool Scouse Served with Crusty Bread and Pickles	Homemade Veggie Sausage and Mash Served with Onion Gravy and Peas	Spanish Chicken – Chicken and Chorizo in a Rich Tomato and Pepper Sauce Served with Rice	Local Beef Burger in a Bun with Cheese Served with Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	'Twice Baked' Jackets	Vegetable Lasagne	Homemade Falafel Pittas	Pesto Pasta	Salmon Fish Pie
Homemade Soup	Chef's Choice	Tomato and Lentil	Chef's Choice	Roast Squash	Chef's Choice
Starchy Food Various Bread Choices Available	Rice/ Tortilla	Potato	Mash	Rice	Chips
Vegetables Salad Bar with Hummous	Onion, Cabbage	Carrot, Swede	Garden Peas	Tomato, Peppers	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Carrot Cake Fresh Fruit	Fresh Fruit Salad Yoghurt Selection	Homemade Iced Finger Buns Fresh Fruit	Homemade Cookies Fresh Fruit	Yoghurt Selection Cheese and Cracker Fresh Fruit

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