



Week Commencing 7/1/19

## DAILY CHEF SPECIALS!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Tomato Wholemeal pasta with green beans and garlic bread	Homemade Chicken Korma with Wholegrain Rice	Ham Roast Dinner with Roasted New Potatoes and Cauliflower Cheese	Traditional Beef Pie with Mash Potato and Seasonal Vegetables	Fish Fingers or Veggie Roll with Homemade Chips and Baked Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Vegetable and Cheese Omelette	Homemade Falafel Pita	Homemade Cherry Tomato Quiche	Twice Baked Jacket Potatoes	Homemade Salmon Fish Pie
<b>Homemade Soup</b>	<b>Chef's Choice</b>	<b>Tomato and Lentil</b>	<b>Chef's Choice</b>	<b>Leek and Potato</b>	<b>Chef's Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Pasta	Rice	Roasted New Potatoes	Mash	Chips
<b>Vegetables</b> Salad Bar with Hummous	<b>Green Beans</b>	<b>Carrots</b>	<b>Cauliflower</b>	<b>Leeks and Carrots</b>	<b>Baked Beans</b>
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Fresh Fruit Salad  Fresh Fruit	'Chocolate' Fudge Cake  Fresh Fruit	Homemade Apple and Oat Crumble with Custard  Yoghurts	Angie's Cookies  Fresh Fruit	Cheese and Crackers or Yoghurts  Fresh Fruit

All our meat is farm assured from local suppliers, we use free range eggs, organic milk, pasta and flour. All of our fruit and vegetables are locally sourced where possible.

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Week Commencing 14/1/19

## DAILY CHEF SPECIALS!

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Macaroni Cheese with Homemade Garlic Bread	Homemade Moroccan Lamb with Rice and Couscous	Homemade Pizza with Potato Wedges and Salad	Sausage and Homemade Mash Potato with Onion Gravy and Broccoli	Homemade Battered Fish with Chips and Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Homemade Spaghetti Vegetable Stir Fry	Homemade Tomato Pasta	Homemade Cheese and Chive Quiche with Salad	Tuna Pasta with Cucumber Sweetcorn and Red Onion	Salmon Fish Pie
<b>Homemade Soup</b>	<b>Chef's Choice</b>	<b>Vegetable</b>	<b>Chef's Choice</b>	<b>Tomato</b>	<b>Chef's Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Pasta	Rice	Wedges	Mash	Chips
<b>Vegetables</b> Salad Bar with Hummous	<b>Peas</b>	<b>Tomato/Salad</b>	<b>Cucumber/Tomato</b>	<b>Broccoli</b>	<b>Mushy Peas</b>
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Fresh Fruit Salad  Yoghurts	Carrot Cake  Fresh Fruit	Lemon Meringue Pie  Yoghurts	Chads Cake  Fresh Fruit	Cheese and Crackers  Fresh Fruit and Yoghurts

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Week Commencing 21/1/2019

## DAILY CHEF SPECIALS!

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Spicy Quorn Mince Enchiladas served with Homemade Tortilla Chips	Homemade Beef Cottage Pie with Seasonal Vegetables	Wholemeal Tomato Pasta Bake with Homemade Garlic Bread	Lamb Kofta Mince Curry served with Rice, Yoghurt and Cucumber Dip	Fish Cake or Fish Fingers with Homemade Chips and Baked Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Red Pepper Quiche	Cheese and Tomato Toasties	Creamy Salmon Pasta with Peas	Quorn Dipper Wraps	Veg Rolls
<b>Homemade Soup</b>	<b>Chefs Choice</b>	<b>Leek and Potato</b>	<b>Chef Choice</b>	<b>Carrot and Coriander</b>	<b>Chef Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Wraps	Mash	Pasta	Rice	Chips
<b>Vegetables</b> Salad Bar with Hummous	<b>Peppers/Tomatoes</b>	<b>Carrots</b>	<b>Tomatoes</b>	<b>Salad</b>	<b>Baked Beans</b>
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Cherry Bakewell Flapjacks  Fresh Fruit	Homemade Fresh Fruit Pavlova  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Vanilla Iced Sponge  Fresh Fruit	Fruit Jelly and Ice Cream  Fresh Fruit

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Week Commencing 28/1/19

## DAILY CHEF SPECIALS!

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Veg Curry with Wholegrain Rice and Green Beans and Mango Chutney	Homemade Traditional Liverpool Scouse with Pickles, Beetroot and Crusty Bread	Homemade Quorn Mince Lasagne with Homemade Garlic Bread	Chicken Roast Dinner with Roast Potatoes and Seasonal Vegetables	Fish Fingers with Homemade Chips and Baked Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Baked Spring Rolls or Samosa	Feta and Vegetable Pasta	Homemade Cherry Tomato Quiche	Homemade Macaroni and Cheese Pasta.	Salmon fish Pie
<b>Homemade Soup</b>	<b>Chef's Choice</b>	<b>Curried Cauliflower</b>	<b>Chef's Choice</b>	<b>Leek and Potato</b>	<b>Chef's Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Rice/Wraps	Rice	Pasta	Potato	Chips
<b>Vegetables</b> Salad Bar with Hummous	<b>Peppers/Broccoli</b>	<b>Carrots</b>	<b>Tomatoes</b>	<b>Salad</b>	<b>Baked Beans</b>
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Iced Sponge Cake  Fresh Fruit	Fresh Fruit Yoghurt Crunch Pots  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Homemade Iced Apple Flapjacks  Fresh Fruit	Cheese and Crackers or Yoghurts  Fresh Fruit

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Week Commencing 4/2/19

## DAILY CHEF SPECIALS!

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Tomato Pasta with Baby Carrots and Homemade Garlic Bread	Homemade Moroccan Lamb Served with Wholegrain Rice	Homemade Pizza with Wedges and Fresh Salad	All Day breakfast – Scrambled Egg, Hash Browns, Beans, Sausage, Mushrooms	Veg Rolls or Fish Cake with Homemade Chips and Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Pesto Pasta	Falafel Pitta Bread served with Salad and a Cucumber and Yoghurt Dip	Spanish Omelette	Vegetarian Breakfast	Veggie Burgers in a Bun
<b>Homemade Soup</b>	Chef's Choice	Chinese sweetcorn	Chef's Choice	Tomato and Lentil	Chef's Choice
<b>Starchy Food</b> Various Bread Choices Available	Pasta	Wholemeal Rice	Pizza Base	Hash Browns	Chips
<b>Vegetables</b> Salad Bar with Hummous	Baby Carrots	Green Beans	Tomatoes	Mushrooms	Mushy Peas
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Shortbread Biscuits  Fresh Fruit	Homemade Apple Pie with Cream  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Cheryl's Jam Puff  Fresh Fruit	Cheese and Crackers Yoghurts  Fresh Fruit

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Week Commencing 11/2/19

## DAILY CHEF SPECIALS!

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Quorn Mince Bolognese with Homemade Garlic Bread	Roast Ham with New Roast Potatoes and Cauliflower Cheese	Veg Sausage with Homemade Mash Potato and Broccoli	Homemade Chicken Curry with Wholemeal Rice and Chutney	Battered Fish or Fish Fingers with Homemade Chips and Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Tuna Pasta with Cucumber and Sweetcorn	Twice Baked Jackets	Vegetable Frittata	Vegetable and Rice Enchiladas	Salmon Fish Pie
<b>Homemade Soup</b>	Chef's Choice	Roasted Pepper	Chef's Choice	Spicy Tomato	Chef's Choice
<b>Starchy Food</b> Various Bread Choices Available	Spaghetti	New Potatoes	Potato	Brown Rice	Chips
<b>Vegetables</b> Salad Bar with Hummous	Tomatoes	Cauliflower	Broccoli	Salad	Baked Beans
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Ginger Biscuits  Fresh Fruit	"Chocolate" Cookies  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Iced Apple Flapjacks  Fresh Fruit	Fruit Jelly and Ice Cream  Fresh Fruit

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