



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza with Homemade Wedges and Salad	Homemade Vegetable Korma with Wholegrain Rice	Chicken Roast Dinner with Roasted New Potatoes, Cauliflower Cheese and Gravy	Homemade Beef Pie with Saute Potatoes and Seasonal Vegetables	Fish Fingers or Veggie Roll with Homemade Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Vegetable and Cheese Omelette	Homemade Falafel Pita	Homemade Cherry Tomato Quiche	Twice Baked Jacket Potatoes	Homemade Salmon Fish Pie
Homemade Soup	Chef's Choice	Tomato and Lentil	Chef's Choice	Leek and Potato	Chef's Choice
Starchy Food Various Bread Choices Available	Pizza Base	Rice	Roasted New Potatoes	Saute Potatoes	Chips
Vegetables Salad Bar with Hummous	Mixed Salad	Carrots	Cauliflower	Leeks and Carrots	Baked Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Fresh Fruit Salad Fresh Fruit	'Chocolate' Fudge Cake Fresh Fruit	Homemade Apple and Oat Crumble with Cream Yoghurts	Angie's Cookies Fresh Fruit	Cheese and Crackers or Yoghurts Fresh Fruit

All our meat is farm assured from local suppliers, we use free range eggs, organic milk, pasta and flour. All of our fruit and vegetables are locally sourced where possible.

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From		Quorn Shepherd's Pie with Seasonal Vegetables	Homemade Tomato Pasta with Crusty Bread and Green Beans	Sausage Toasties with Tomato Sauce served with Salad	Homemade Battered Fish with Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily		Homemade Vegetable Lasagne	Homemade Cheese and Chive Quiche with Salad	Tuna Pasta with Cucumber Sweetcorn and Red Onion	Salmon Fish Pie
Homemade Soup		Vegetable	Chef's Choice	Tomato	Chef's Choice
Starchy Food Various Bread Choices Available		Rice	Pasta	Bread	Chips
Vegetables Salad Bar with Hummous		Tomato/Salad	Green Beans	Broccoli	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time		Carrot Cake Fresh Fruit	Homemade Scones with Jam or Cream Yoghurts	Chads Cake Fresh Fruit	Cheese and Crackers Fresh Fruit and Yoghurts

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Spicy Quorn Mince Enchiladas served with Homemade Tortilla Chips	Homemade Chicken Wraps with Salad and Cajun Mayonnaise	Vegetable Stir Fry with Spaghetti or Egg Noodles	Caribbean Beef Curry served with Rice, Yoghurt and Cucumber Dip	Fish Cake or Fish Fingers with Homemade Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Red Pepper Quiche	Cheese and Tomato Toasties	Creamy Salmon Pasta with Peas	Quorn Dipper Wraps	Veg Rolls
Homemade Soup	Chefs Choice	Leek and Potato	Chef Choice	Carrot and Coriander	Chef Choice
Starchy Food Various Bread Choices Available	Wraps	Wraps	Pasta	Rice	Chips
Vegetables Salad Bar with Hummous	Peppers/Tomatoes	Carrots	Tomatoes	Salad	Baked Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Cherry Bakewell Flapjacks Fresh Fruit	Homemade Fresh Fruit Pavlova Fresh Fruit	Fresh Fruit Salad Yoghurts	Vanilla Iced Sponge Fresh Fruit	Fruit Jelly and Ice Cream Fresh Fruit

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Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From		Homemade Quorn Mince Lasagne with Homemade Garlic Bread	Beef Stifado with Shallots, Hummous, Yoghurt and Cucumber Dip and Crusty Bread – Served with Rice	Ham Roast Dinner with Roast Potatoes and Seasonal Vegetables	Fish Fingers with Homemade Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily		Feta and Vegetable Pasta	Homemade Cherry Tomato Quiche	Twice Baked Jacket Potatoes	Salmon fish Pie
Homemade Soup		Curried Cauliflower	Chef's Choice	Leek and Potato	Chef's Choice
Starchy Food Various Bread Choices Available		Pasta	Rice	Roasted New Potatoes	Chips
Vegetables Salad Bar with Hummous		Tomatoes	Carrots	Salad	Baked Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time		Fresh Fruit Yoghurt Crunch Pots Fresh Fruit	Fresh Fruit Salad Yoghurts	Homemade Iced Apple Flapjacks Fresh Fruit	Cheese and Crackers or Yoghurts Fresh Fruit

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Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Tomato Pasta with Baby Carrots and Homemade Garlic Bread	Lamb Kofta Kebabs with Wholegrain Rice	All Day Breakfast with Sausage, Scrambled Egg, Hash Brown, Beans and Mushrooms	Beef Burger or Hot Dog with Fries, Onions, Tomato Ketchup	Homemade Pizza with Salad or Wedges
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Pesto Pasta	Falafel Pitta Bread served with Salad and a Cucumber and Yoghurt Dip	Spanish Omelette	Veggie sausage or Veggie burger	Veggie Rolls
Homemade Soup	Chef's Choice	Chinese sweetcorn	Chef's Choice	Tomato and Lentil	Chef's Choice
Starchy Food Various Bread Choices Available	Pasta	Wraps	Wholemeal Toast	Bun	Wedges
Vegetables Salad Bar with Hummous	Baby Carrots	Green Beans	Tomatoes	Beans	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade	Homemade Shortbread Biscuits	Homemade Apple Pie with Cream	Fresh Fruit Salad	Choc Ices	Cheese and Crackers Yoghurts
Puddings Available Every Lunch time	Fresh Fruit	Fresh Fruit	Yoghurts	Fresh Fruit	Fresh Fruit

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Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Quorn Chicken Nugget Wraps with Mayonnaise and Salad	Roast Pork Diner with Roast Potatoes, Season Vegetables, Stuffing and Gravy	Quorn Mince Bolognese with Homemade Garlic Bread	Homemade Spanish Chicken with Wholemeal Rice and Green Beans	Battered Fish or Fish Fingers with Homemade Chips and Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Tuna Pasta with Cucumber and Sweetcorn	Twice Baked Jackets	Vegetable Frittata	Vegetable and Rice Enchiladas	Salmon Fish Pie
Homemade Soup	Chef's Choice	Roasted Pepper	Chef's Choice	Spicy Tomato	Chef's Choice
Starchy Food Various Bread Choices Available	Spaghetti	Roast Potatoes	Potato	Brown Rice	Chips
Vegetables Salad Bar with Hummous	Tomatoes	Cauliflower	Broccoli	Green Beans	Baked Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Ginger Biscuits Fresh Fruit	"Chocolate" Cookies Fresh Fruit	Fresh Fruit Salad Yoghurts	Iced Apple Flapjacks Fresh Fruit	Fruit Jelly and Ice Cream Fresh Fruit

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