





### Week Commencing 03/06/19

### **DAILY CHEF SPECIALS!**

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Wholemeal Pizza with Homemade Pasta Salad and Beans	Homemade Moroccan Lakeland Lamb with Rice or Couscous	Vegetable Stir Fry served with Egg Noodles	Kotlet Schabowy Served with Homemade Minted New Potatoes and Roasted Carrots	Fish Fingers with Homemade Chip and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Vegetable and Cheese Omelette	Red Pepper Quiche	Spring Roll or Samosa	Welsh Rarebit	Salmon Fish Pie
Homemade Soup	Chef Choice	Cream of Tomato	Chef Choice	Leek and Potato	Chef Choice
Starchy Food Various Bread Choices Available	Pizza Base	Rice	Noodles	Minted Potatoes	Homemade Chips
Vegetables Salad Bar with Hummous	Tomatoes	Red Peppers	Stir Fry Vegetable	Carrots	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Iced Sponge Cake Fresh Fruit	Angie's Cookies Fresh Fruit	Fresh Fruit Salad Yoghurts	Jelly and Ice Cream  Fresh Fruit	Scones with Jam and Cream Fresh Fruit

All our meat is farm assured from local suppliers, we use free range eggs, organic milk, pasta and flour. All of our fruit and vegetables are locally sourced where possible.

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### Week Commencing 10/06/19

# **DAILY CHEF SPECIALS!**

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Tomato Pasta with Crusty Bread and Green Beans	Chicken Korma with Wholegrain Basmati Rice and Poppadums	Vegetable Quesadillas served with Baked Crispy Herb Potatoes	Meatball Sub with Fresh Tomato Sauce topped with Cheese served with Salad	Homemade Battered Fish served with Homemade chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Beans on Wholemeal Toast	Falafel Pitas with Hummous and Yoghurt Dip	Vegetable Fried Rice	Cheese and Chive Quiche	Veggie Rolls
Homemade Soup	Chef Choice	Chunky Vegetable	Chef Choice	Carrot and Coriander	Chef Choice
Starchy Food Various Bread Choices Available	Pasta	Rice	Wraps	Sub Roll	Homemade Chips
Vegetables Salad Bar with Hummous	Green Beans	Hidden Vegetables	Carrots	Tomatoes	Baked Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade	Apple Flapjacks	Fresh Fruit Pavlova	'Chocolate Cake'	Iced Shortbread Biscuits	Cheese and Crackers
Puddings Available Every Lunch time	Fresh Fruit	Yoghurts	Fresh Fruit	Fresh Fruit	Fresh Fruit

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### Week Commencing 17/06/19

# **DAILY CHEF SPECIALS!**

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Lasagne with Garden Peas and Crusty Bread	Homemade Beef Stifado Served with Shallots and Vegetable Rice	Vegetable Nugget Wraps with lettuce and Mayonnaise served with Fresh salad	All Day Breakfast with Sausage, Baked Hash Brown, Scrambled Egg, Beans, Mushrooms, Wholemeal Toast	Fish Fingers with Homemade Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Wholemeal Vegetable and Feta Pasta	Cheese and Tomato Wholemeal Toasties	Twice Baked Jackets	Pesto Pasta	Fish Cakes
Homemade Soup	Chef Choice	Butternut Squash	Chef Choice	Chinese Sweetcorn	Chef Choice
Starchy Food Various Bread Choices Available	Pasta Sheets	Rice	Wraps	Couscous	Homemade Chips
Vegetables Salad Bar with Hummous	Tomatoes/Peppers	Peppers	Salad	Mushrooms	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade	Pineapple and Coconut Sponge	Homemade Cherry Cheesecake	Fresh Fruit Salad	Apple and Oat Crumble served with Ice Cream	Cheese and Crackers
Puddings Available Every Lunch time	Fresh Fruit	Fresh Fruit	Yoghurts	Yoghurts	Yoghurts

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### Week Commencing 24/06/19

# **DAILY CHEF SPECIALS!**

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Wholemeal Homemade Tomato Pizza served with Potato wedges and Salad	Homemade Lamb Kofta Kebabs with Couscous served with a Yoghurt Dip	Vegetable Curry Served with Brown Rice and Seasonal Vegetables	Roast Ham with Roasted New Potatoes and Cauliflower Cheese with Chives	Fish Fingers or Fish Cake served with Homemade Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Homemade Tomato and Red Pepper Quiche	Spring Rolls or Samosa	Homemade Creamy Salmon Pasta and Peas	Veggie Sausage With Roasted New Potatoes and Season Vegetable	Veggie Roll
Homemade Soup	Chef Choice	Spicy Tomato	Chef Choice	Minted Pea	Chef Choice
Starchy Food Various Bread Choices Available	Pizza Base	Couscous	Rice	New Potatoes	Homemade Chips
Vegetables Salad Bar with Hummous	Tomatoes	Fresh Salad	Carrots	Cauliflower	Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Flapjacks Fresh Fruit	Homemade Marble Cake Fresh Fruit and Yoghurts	Homemade Trifle Fresh Fruit	Fresh Fruit Salad Mixed Flavour Yoghurts	Cheese and Crackers Fresh Fruit

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### Week Commencing 01/07/19

# **DAILY CHEF SPECIALS!**

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Wholemeal Macaroni Cheese served with Green Bean and Garlic Bread	Sausage and Homemade Mash Potato Served with Gravy and Seasonal Vegetable	Vegetable Stir-Fry with Egg Noodles and Prawn Crackers	Homemade Spanish Chicken served with Rice and Peas	Beef Burgers with Bun and Cheese served with Homemade Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Tomato Pasta Bake	Vegetable Egg fried Rice	Vegetable and Cheese Quesadillas	Twice baked Jackets	Veggie Burgers in Bun
Homemade Soup	Chef Choice	Leek and Potato	Chef Choice	Broccoli and Cheddar	Chef Choice
Starchy Food Various Bread Choices Available	Pasta	Mash	Egg Noodles	Rice	Homemade Chips
Vegetables Salad Bar with Hummous	Green Beans	Broccoli	Peppers	Tomatoes	Homemade Chips
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade	Angie's Cookies	Fresh Fruit Pavlova	Fresh Fruit Salad	Scones with Jam or Cream	Cheese and Crackers
Puddings Available Every Lunch time	Fresh Fruit	Yoghurts	Yoghurts	Fresh Fruit	Fresh Fruit

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### Week Commencing 07/07/19

# **DAILY CHEF SPECIALS!**

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Quorn Mince Spaghetti Bolognaise with Crusty Bread and Broccoli	Cajun Chicken Wraps served with Baked Herby Potato Cubes and Salad	French Theme Day: Beef bourguignon served with Crusty French Baguette, New Potatoes and Fine Beans	Moroccan Lamb served with Wholemeal Rice and Pitta Bread	Fish Fingers with Homemade Chip and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Macaroni Wholemeal Pasta With Bread Crumbs and Peas	Cherry Tomato Quiche with Salad	Croque Monsieur Served with Fresh Salad	Falafel Pittas with Fresh Salad and Yoghurt and Cucumber dip	Salmon Fish Pie
Homemade Soup	Chef Choice	Minestrone	French Onion	Leek and Potato	Chef Choice
Starchy Food Various Bread Choices Available	Pasta	Wraps	New Potatoes	Rice	Homemade Chips
Vegetables Salad Bar with Hummous	Tomatoes	Peppers/Cucumber	Fine Beans	Green Beans	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade	Iced Sponge	Jelly and Ice Cream	Iced Normandy Apple Cake	Fresh Fruit Salad	Cheese and Crackers
Puddings Available Every Lunch time	Fresh Fruit	Fresh Fruit	Fresh Fruit	Yoghurts	Fresh Fruit

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### Week Commencing 14/07/19

# **DAILY CHEF SPECIALS!**

Week 7	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Lasagne served with Crusty Bread and Salad	Homemade Chicken Curry served with Wholemeal Basmati Rice and Baby carrots	Homemade Wholemeal Pizza served with Potato Wedges and Salad	Ham with Minted New Potatoes and Cauliflower Cheese and Gravy	Homemade Battered Fish served with Homemade chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Wholemeal Tuna Pasta with Peppers and Red Onion	Spring Roll or Baked Samosa	Veggie Nugget Wraps	Twice Baked Jackets	Fish Cake
Homemade Soup	Chef Choice	Chinese Sweetcorn	Chef Choice	Cream of Tomato	Chef Choice
Starchy Food Various Bread Choices Available	Pasta Sheets	Basmati Rice	Pizza Bases	New Potatoes	Homemade Chips
Vegetables Salad Bar with Hummous	Tomatoes	Baby Carrots	Fresh Salad	Cauliflower	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts	Choc Ice	Homemade Carrot Cake	Fresh Fruit Salad	Homemade 'Chocolate' Fudge	Cheese and Crackers
and Homemade Puddings Available Every Lunch time	Fresh fruit	Fresh Fruit	Yoghurts	Cake Fresh Fruit	Fresh Fruit

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### Week Commencing 22/07/19

# **DAILY CHEF SPECIALS!**

Week 8	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Chef Choice	Chef Choice	Party Day: Sandwiches, Sausage Rolls, Quiche, Curly Fries	Term Ends	
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Chef Choice	Chef Choice	Chef Choice	Term Ends	
Homemade Soup	Chef Choice	Chef Choice	Chef Choice	Term Ends	
Starchy Food Various Bread Choices Available					
Vegetables Salad Bar with Hummous					
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Chef Choice	Chef Choice	Jelly and Ice cream or Cupcakes	Term Ends	

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