

Lunch Menu Week 1



w/c 2 nd June	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Red Pepper	Tomato & Basil	Broccoli & Cheddar	Leek & Potato
HOT MAINS	Wholemeal Pizza & Wedges v	Spanish Chicken Tray Bake with wholegrain Rice	All Day Breakfast with Brown Toast	Beef Spaghetti Bolognese with Garlic Bread	Fish Fingers with Chips & Garden Peas
	Roasted Red Pepper Quiche v	Meat Free Burritos v	Tomato & Basil Pasta Ve	Twice Baked Jacket Potatoes with Beans Ve	Welsh Rarebit v
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Ginger Biscuits v	Flapjacks v	Fresh Fruit Yoghurt Crunch Pots v	Pineapple & Coconut Sponge v	Barabrith v



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

v Vegetarian
Ve Vegan
 Oily fish

Lunch Menu Week 2



w/c 9 th June	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea	Chinese Sweetcorn
HOT MAINS	Cheese & Onion plate pie with New Potatoes & Peas V	Chinese Chicken Curry with Brown Rice, Green Beans & Prawn Crackers	Cumberland Sausage Slice with Wedges & Beans	Beef Chilli Tacos with Tortilla Chips	Fish Fingers with Chips & Garden Peas
	Cheesy Beans Pasta Bake V	Puy Lentil Shepherds Pie with Peas Ve	Spicy Singapore Noodles V	Vegan Jambalaya Ve	Veggie Sausage Roll V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad Ve	Rich 'Chocolate' Cookies V	Iced Sponge with Custard V	Sticky Toffee Pudding V	Cheese & Crackers V



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 Oily fish

Lunch Menu Week 3



w/c 16 th June	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Roasted Pepper	Chinese Sweetcorn
HOT MAINS	Vegetarian Chilli with Rice & Tortilla Chips V	BBQ Chicken with Sweetcorn & Wholegrain Rice	Chef Daniel's Beef & Bean Quesadillas	Lentil & Sausage Ragu	Fish Fingers or Tandoori Salmon  with Chips & Garden Peas
	Broccoli & Cream Cheese Pasta Bake V	Cherry Tomato Quiche V	Cheese & Onion Plate Pie V	Vegetable Biryani Ve	Sri Lankan Sweet potato & Coconut Curry Ve
CHEF SPECIAL	Ask Chef about today's special!				
DESSERT	Fresh Fruit Salad Ve	Scones & Cream V	Sponge Cake topped with Jan & Whipped Cream V	Apple Turnovers V	Cheese & Crackers V



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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 Oily fish

Lunch Menu Week 4



w/c 23 rd June	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Pea Soup	Red Pepper Soup	Chef Choice	Chef Choice
HOT MAINS	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread ^{Ve}	Meatball Sub with Tortilla Chips	Carbonara Penne Pasta Bake with Peas & Garlic Bread	Sausage & Mash with Carrots	Homemade Battered Fish with Chips & Beans
	Vegetarian Chilli with Brown Rice ^V	Spanish Omelette with Salad ^V	Vegetable and Rice Enchiladas ^V	Falafel pittas ^V	Veggie Sausage Rolls ^V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	German Apple Cake ^V	Fresh Fruit Pavlova ^V	Sticky Toffee Pudding ^V	Shortbread ^V	Rich 'Chocolate' Cookies ^V



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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 Oily fish

Lunch Menu Week 5



w/c 30 th June	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Roasted Red Pepper	Chinese Sweetcorn
HOT MAINS	Tomato & Basil pasta Ve	Ham Roast Dinner with Seasonal Vegetables & New Potatoes	Caribbean Beef Curry with wholegrain Rice	Chicken Shawarma, Salad & Wraps	Fish Fingers or Tandoori Salmon  with Chips & Garden Peas
	Red Pepper Quiche V	Vegetable Paella Ve	Pesto Pasta V	Quorn Mince Cottage Pie with Peas V	Veggie Burger in a Bun with Chips V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Scones with Strawberries & Cream V	Vanilla Cheesecake V	Pineapple & Coconut Sponge V	Oat Cookies V	Cheese & Crackers, Popcorn V

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 6



w/c 7 th July	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Leek & Potato	Red Pepper Soup	Tomato & Basil	Chef Choice
HOT MAINS	Cheesy Beans Pasta Bake V	Chef Daniel's Beef & Bean Quesadillas	Chicken Korma with Rice, Green Beans & Naan Bread	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Fish Cake or Fish Fingers with Chips & Mushy Peas
	Cherry Tomato & Cheese Quiche with Salad V	Asian Noodles V	Puy Lentil Shepherd's pie Ve	Cheese & Onion Plate Pie with Peas V	Veggie Fingers V
CHEF SPECIAL	Ask Chef about today's special!				
DESSERT	Sponge Cake & Custard V	Ginger Biscuits V	Fresh Fruit Salad Ve	Fresh Fruit Trifle V	Cheese & Crackers V



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 7



w/c 14 th July	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea	Chinese Sweetcorn
HOT MAINS	Broccoli & Cream Cheese Pasta Bake V	Jewel's Chicken Karahi with Brown Rice & Green Beans	Cumberland Sausage Slice with Wedges & Beans	Beef Chilli Tacos with Tortilla Chips	Fish Fingers with Chips & Garden Peas
	Meat Free Burritos V	Vegetable & Lentil Stew Ve	Tomato & Basil Pasta Ve	Vegan Jambalaya Ve	Veggie Sausage Roll V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad Ve	Apple Flapjacks V	Iced Sponge Cake with Custard V	Sticky Toffee Pudding V	Cheese & Crackers V



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 8



w/c 21 st July	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Roasted Pepper	Chinese Sweetcorn
HOT MAINS	Quorn Mince Cottage Pie 	BBQ Chicken with Sweetcorn & Wholegrain Rice	Chef Daniels's Beef & Bean Quesadillas	Macaroni Cheese Topped with Chilli Con Carne	Fish Fingers or Tandoori Salmon with Chips & Garden Peas 
	Broccoli & Cream Cheese Pasta Bake 	Cherry Tomato Quiche 	Vegetarian Chilli with Rice 	Vegetable Biryani 	Veggie Sausage Roll 
CHEF SPECIAL	Ask Chef about today's special!				
DESSERT	Fresh Fruit Salad 	Scones & Cream 	Sponge Cake Topped with Jam & Whipped Cream 	Apple Turnovers 	Cheese & Crackers 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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